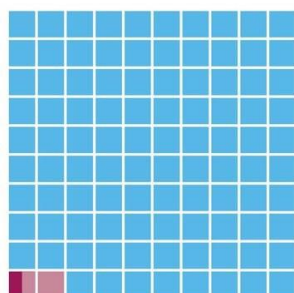


## Key information on COVID-19 in pregnancy



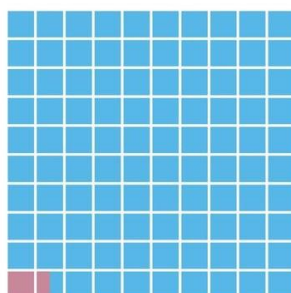
1st February 2021 to 30th September 2021

**1714 pregnant women** admitted to hospital with symptomatic COVID



**98.1%** unvaccinated  
**1.5%** one dose  
**0.4%** two doses

**235 of whom (14%)** were admitted to intensive care



**98.7%** unvaccinated  
**1.3%** one dose

### Outcomes of COVID-19 for pregnant women and their babies after admission to hospital with symptoms

Caesarean birth  
Pneumonia  
Respiratory support  
Intensive care  
Died



**3371 women** admitted

1st March 2020 to 11th July 2021

Premature  
Admitted to neonatal unit  
Stillborn



**3036 babies** born (335 women have not yet given birth)



**MBRRACE-UK**

Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK

### Deaths of women with COVID-19 during pregnancy or up to six weeks after pregnancy

Third (Delta) wave  
July to September 2021

Vaccination recommended for all adults

**39%**

**13 women** died

**85%** known to be unvaccinated

Second (Alpha) wave

**33%**

**11 women** died

First wave **27%**

**9 women** died

## Overview

Pregnant people, especially those in the third trimester, are at great risk of becoming seriously ill with COVID-19, influenza, and whooping cough infections, which could cause complications for both mother and baby.

The COVID-19, influenza and whooping cough vaccines are the best protection from maternal infections and are safe and effective for people who are pregnant, planning a pregnancy and breastfeeding. Pregnant people will be offered the vaccine based on their age and clinical risk group which now means anyone that is pregnant and aged 16 and over can get the vaccine.

NHSEI in the East of England region has created this toolkit with useful information and resources to support healthcare professionals' conversations with maternity service users and their support partners about the vaccines so that they can make an informed decision to get vaccinated.

## How you can support?

Please use this toolkit to:

- Support conversations about the COVID-19, influenza, and Pertussis vaccines with maternity service users, including their support partners, at antenatal and other healthcare appointments, or in other settings where vaccinations or other types of support are given, for example in community pharmacies
- Share the resources with maternity service users during midwife appointments or within any other healthcare appointment or communication, including Trust maternity pages. *Local resources, such as videos made by midwives, can now be found on EOE STP maternity pages.*
- Should pregnant people and their support partners choose to be vaccinated, help them in ensuring it happens by making sure they know where they can get the vaccine and which vaccine is best for them
- If you have social media accounts and you're comfortable to use your platform to share resources within this toolkit then please do so.
- If you're comfortable on camera and would like to help us create short, informative videos to be shared with people who are pregnant and their support partners, please contact [Janice.simpson13@nhs.net](mailto:Janice.simpson13@nhs.net). Case studies from pregnant women that have already been vaccinated are particularly welcomed.

## Resources

The following resources have been created by NHS England and NHS Improvement, Public Health England (PHE), Health Education England and other healthcare providers to be used during conversations with those who choose to engage with maternity services to encourage them and their support partners to get vaccinated against COVID-19 and to help them make an informed decision.

All resources are available to download by using the individual links below.

You can download and print resources to share with pregnant people during appointments, go online to view content, or forward web links to videos and online resources after appointments to service users via text or email.

In addition, social media cards can be added to the bottom of emails or displayed in social media messages, while graphics and videos can be included in social media posts. Posters are also available for printing and displaying in clinics, pharmacies, GP surgeries, vaccinating sites, offices, and any other appropriate settings.

**This toolkit has been endorsed by the Regional Chief Midwife and the Regional Obstetrics Lead for East for England**

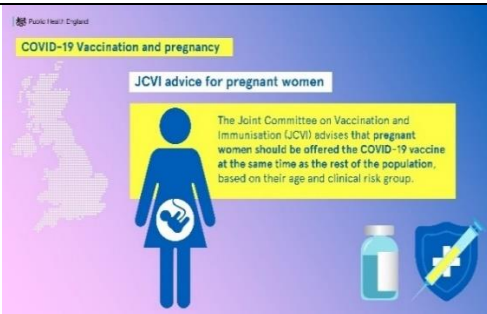


Wendy Matthews OBE

Regional Chief Midwife / Director of Nursing

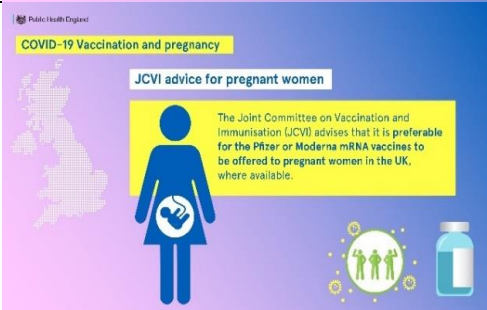
**PHE** infographics explaining JCVI guidance that pregnant people will be offered the vaccine at the same time as the rest of the population based on their age and clinical risk.

Download [here](#).



**PHE** infographics explaining JCVI guidance that the preferred vaccines to be offered to pregnant people are Pfizer or Moderna.

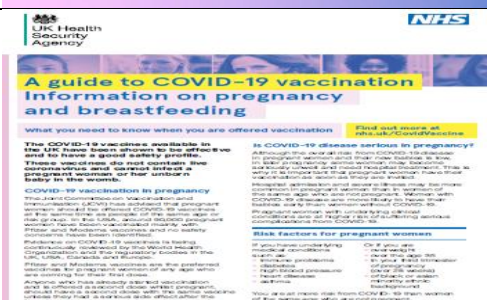
Download [here](#).



**UK Health Security Agency** leaflet on pregnancy and breastfeeding.

Download [here](#)

Also available in several languages at the same link



**Royal College of Midwives** leaflet on getting the vaccine.

Download below



should-i-get-the-covid-vaccine.pdf




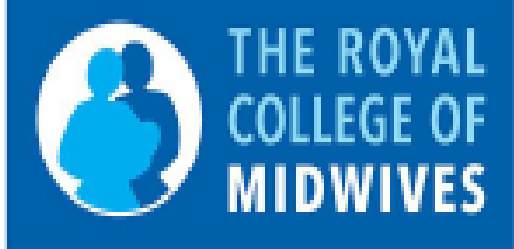






**PHE** leaflets on Immunisations during pregnancy and Whooping cough and pregnancy

Download 1) [here](#)

Download 2) [here](#)



<p>Q&amp;A leaflet from <b>Health Education England</b> on Vaccines, Pregnancy, and Breastfeeding.</p> <p>Download the full document here:</p> <p></p> <p>6. Vaccs in pregnancy and brea</p>	
<p><b>Royal College of Midwives</b> leaflet on How To Talk To Women About the Vaccine.</p> <p>Download the full document here:</p> <p></p> <p>4. talking-to-women-a</p>	
<p><b>Health Education England</b> pamphlet on 'How to Talk About Vaccines' which contains hints and tips for vaccine advocates.</p> <p>Download the full document here:</p> <p></p> <p>How to talk about vaccines presentatio</p>	
<p>PHE resource on communicating the Covid-19 vaccination process – for <b>Pharmacies</b>.</p> <p>Download <a href="#">here</a></p>	
<p>PHE resource on communicating the Covid-19 vaccination process – for <b>GPs</b>.</p> <p>Download <a href="#">here</a></p>	
<p><b>BBC Video</b> on vaccinations during pregnancy</p> <p>Download <a href="#">here</a></p>	 <p>Pregnancy Covid: can pregnant women take the vaccine?</p>



**BBC Video** featuring patient treated at Royal Papworth Hospital, Cambridge after she contracted Covid while pregnant.

Download [here](#)



Pregnant women urged to get Covid vaccine by NHS England

**NHS video** on Winter Vaccines Explained: [here](#)

<https://youtu.be/QQitHbIXyN8>



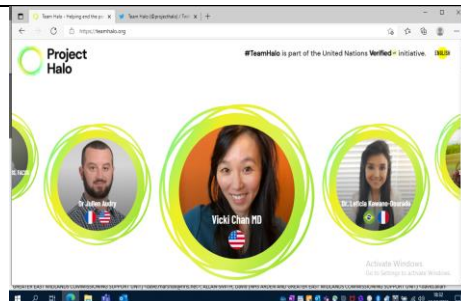
Video of Dr Nikki Kanani, Medical Director of Primary Care for **NHS England** and **NHS Improvement**, explaining that COVID-19 is more harmful than any vaccination and that the preferred vaccines for pregnant people are Pfizer or Moderna mRNA. Dr Kanani also explains that there have been no safety issues relating to pregnancy, but they are always looking at data to make sure it is safe.

Download [here](#).



Obtain information and advice from **Team Halo** (member of the **United Nations**) – a group of scientists and healthcare professionals from around the world, working to end this pandemic by volunteering their time to address Covid-19 vaccine concerns and misinformation. They can be contacted via Twitter and Tik Tok:






<https://twitter.com/projecthalo>  
<https://tiktok.com/tag/teamhalo>



**RCOG** endorsed information sheet and decision aid – helpful for both professionals and the public.

Download [here](#)



<p>A series of helpful and informative videos made by obstetrics and gynaecology professionals can also be found on the <b>RCOG</b> website.</p> <p>Download <a href="#">here</a></p>	
<p><b>PHE</b> infographics explaining the importance of having both doses of the vaccine.</p> <p>Download <a href="#">here</a>. (social media card format)</p>	
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## Pregnant? Have your COVID-19 vaccines posters - Health Publications





### Pregnant?

Have your COVID-19 vaccines!

- COVID-19 infection is currently circulating and can be serious for pregnant women
- thousands of pregnant women have been safely vaccinated in the UK and worldwide
- It is important to have both doses of your COVID-19 vaccine to protect you and your unborn baby

**Find out more:**  
COVID-19 vaccinations are recommended for pregnant women by the Royal College of Midwives and Royal College of Obstetricians and Gynaecologists.

**QR CODE 1** You can use this QR code to read more about the COVID-19 vaccine and pregnancy.  
[www.gov.uk/government/publications/about-the-vaccination-women-of-childbearing-age-currently-pregnant-or-planning-a-pregnancy-or-breastfeeding](https://www.gov.uk/government/publications/about-the-vaccination-women-of-childbearing-age-currently-pregnant-or-planning-a-pregnancy-or-breastfeeding)

**QR CODE 2** Use this QR code to see the RCM/RCOG decision aid and video.  
[www.rcog.org.uk/globalassets/documents/patientresources/COVID-19-24-combined-info-sheet-and-decision-aid.pdf](https://www.rcog.org.uk/globalassets/documents/patientresources/COVID-19-24-combined-info-sheet-and-decision-aid.pdf)

**Call 119 or go online to [www.nhs.uk/conditions/coronavirus/covid-19/vaccines-vaccination/](https://www.nhs.uk/conditions/coronavirus/covid-19/vaccines-vaccination/) to register for your vaccination appointment. You can also attend walk in, mobile or pop up vaccination clinics in your area.**

**COVID-19 Immunisation**  
Protect yourself and your pregnancy

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**COVID-19 Immunisation**  
Protect yourself and your pregnancy

All of the posters and social media cards shown above can be found translated into many different languages [here](#)

Public Health England

**¿Está embarazada?**

**¡Vacúnese contra la COVID-19!**

Para proteger su salud y la de su bebé, es importante recibir ambas dosis de la vacuna contra la COVID-19.

La infección de COVID-19 sigue circulando y puede tener graves consecuencias para las mujeres embarazadas.

Miles de mujeres embarazadas ya se han vacunado de forma totalmente segura en el Reino Unido y el resto del mundo.

Llame al 119 o acceda por internet a [www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/](https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/) para concertar su cita de vacunación. También puede acudir a clínicas de vacunación sin cita previa, móviles o provisionales en su área local.

COVID-19 immunisation  
Helping to protect you and your pregnancy



## UKOSS Infographic: Key information on COVID-19 in pregnancy

Download document:

